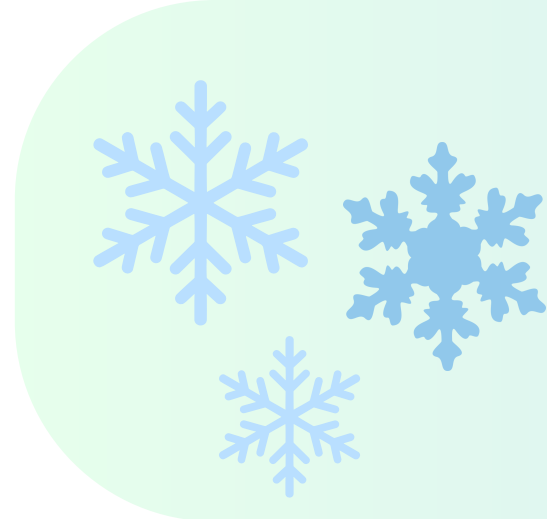




youth wellness hubs

Brampton

ONTARIO



March 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
2						8	
	3	4	5	6	7		
	Drop in 1-7pm	Drop in : 1-7pm	Drop in : 1-7pm	Drop-In: 1-5pm Cosmetic Science 12-15yrs - 5-6:30pm 16+ yrs - 7-8:30pm	Basketball Open Gym - 3-6:30pm Drop in : 1-7pm		
WELLNESS YOUR WAY! Support includes: <ul style="list-style-type: none"> Mental Health & Substance Use Services Care Navigation Peer Support Community & Social Support Services For more info: ywho@peelcas.org	10	11	12	13	14	WE NEED YOU! If you are interested in having your voice heard about your local YWHO site... JOIN THE YOUTH ADVISORY! Send us your email address to ywho@peelcas.org so we can keep you in the know! To REGISTER for upcoming programs email us at ywho@peelcas.org	
	Paint a ceiling tile!	Secret Message Scavenger Hunt 1-2pm	Bubble Soccer! Jewelry Making 12-1:30 2:30 - 4:00	Navigating Housing Tools 2-5pm SAYA 3-5pm	Basketball Open Gym - 3-6:30pm		
	Drop in 10am - 6pm ALL WEEK LONG! Cooking Towards Independence: Daily Online - 3:00 - 5:30pm						
	17	18	19	20	21		
	Drop in : 1-7pm	Pathways to Peace 12-16 yrs - 4-5:30pm Drop in : 1-7pm	Youth ADVISORY 5-6:30pm Drop-In: 1-5pm	KARAOKÉ 5 - 6:30 Drop in : 1-7pm	Basketball Open Gym - 3-6:30pm Drop in : 1-7pm		
24	25	26	27	28			
Drop in : 1-7pm	Pathways to Peace 12-16 yrs - 4-5:30pm Drop in : 1-7pm	Throwing Shade 18+ Dodgeball 2-4pm Drop in : 1-7pm	Housing Support: Getting Your ID 2-5pm Drop in : 1-7pm	Basketball Open Gym - 3-6:30pm Drop in : 1-7pm			
31							
Make Your Own Pizza 4-6pm Drop in : 1-7pm			Drop-In: Monday - Friday 1:00-7:00pm* Unless otherwise stated.		Special March Break Hours Daily 10am - 6pm	= Registration Required	

Location: Peel CAS - 25 Capston Dr., Mississauga, ON - Lower Level