



# KNOW YOUR RIGHTS

If you are working with Peel CAS, you have the right to:

- Be treated with kindness, fairness, and respect
- Feel supported in your culture, language, and identity, and what matters to you
- Have a say in decisions about your life
- Be part of planning what happens next for you and your family
- Ask questions and get clear answers
- Understand why decisions are made
- Speak up if something doesn't feel right
- Make a complaint without worrying about getting in trouble
- When it is safe, have your personal information kept private
- Ask to see your records

## If You Are in Care (foster home, group home, treatment home and/or a youth custody facility):

You have extra rights to help you feel safe, supported, and heard. You should be included in decisions and treated fairly wherever you live.

## Need Help or Want to Make a Complaint?

You can contact the Ontario Ombudsman's Children and Youth Unit:

 1-800-263-2841 or 416-325-5669

 [cy-ej@ombudsman.on.ca](mailto:cy-ej@ombudsman.on.ca)

 [www.ombudsman.on.ca](http://www.ombudsman.on.ca)

The Ombudsman is independent from Peel CAS and the government. Their job is to listen to your concerns, review them, and help make sure your rights are respected.

## Additional Resource

[Children and young persons' rights resource](#)

