



Wraparound Supports

Peel CAS is pleased to be building strong working relationships with the many diverse communities in Peel Region. We are engaged in ongoing collaborations with an array of community partners, who are working with us to develop culturally sensitive wraparound service models like Saath, Akoma, Ma'an and SEEA. These partnerships help to equip our staff with valuable information, resources and trainings, which helps them to support our families. Through understanding their different religious and cultural backgrounds, we can provide more sensitive and appropriate assistance to families, and work together to build a better future for the children and youth we serve.

Saath

Peel CAS has collaborated with Indus Community Services to create our collective Saath Wraparound Service Response, which aims to provide a culturally centered approach, with a focus on the unique perspectives and experiences of the South Asian community. Saath speaks true to its meaning, "together" in Hindi and Punjabi, where we work with and for families to effectively understand unique dynamics and provide support services rooted in cultural respect.

Program	Saath / MASSI
Languages Served	English, Hindi, Punjabi, Urdu
Length of Service	6 Months +

Internal

Program	Program Description	Notes
Employment Services	<ul style="list-style-type: none">Employment counsellingJob Fair / Resume and cover letter critiqueInterview Coaching	<ul style="list-style-type: none">Open to all
Language Instruction for Newcomers to Canada (LINC)	<ul style="list-style-type: none">The free English language training program helps eligible newcomers improve their overall English Communication skills.Care for Newcomer Children (CNC) is provided while parents attend LINC classes or the Entrepreneurship Program	<ul style="list-style-type: none">Open to newcomers
Settlement Services	<ul style="list-style-type: none">Commissioner of Oath ServicesPersonalized counselling and supportFree Tax Clinics + Free legal clinicsReferrals to other relevant community and government resources	<ul style="list-style-type: none">Open to allService is provided in: Hindi, Punjabi, Urdu, Dari, Pashto and Farsi, Arabic
Services for International Students	<ul style="list-style-type: none">Settlement counselling and orientation to CanadaAssistance with various documentation and form fillingGuidance on accessing healthcare, housing and other supports, referral to appropriate community resources, government and social services.	<ul style="list-style-type: none">Open to all international students

Intersections (2SLGBTQI+ Newcomer support)	<ul style="list-style-type: none"> • Inclusive, safe, and positive space for confidential settlement support • Resource library, movie nights, arts and crafts, and fun activities • Capacity building through community presentation and information sessions to help create welcoming communities that understand and respect the unique challenges faced by 2SLGBTQI+ newcomers 	<ul style="list-style-type: none"> • Open to all
ACES Programs for Women (Advocacy, counselling, Empowerment, and Safety)	<ul style="list-style-type: none"> • Provides crisis intervention, counselling, mediation, case conference and day-to-day support to youth and adults to decrease the risk of violence, abuse, exploitation, homelessness, mental health crisis, and hospitalization 	<ul style="list-style-type: none"> • Open to survivors of Intimate Partner Violence who identify as women
Child, Youth and Parenting Program (CYP)	<ul style="list-style-type: none"> • Crisis Intervention and risk assessment provided for youth and children • Youth Mental health support • Parenting counselling 	<ul style="list-style-type: none"> • Open to youth Ages 12 – 24 • Open to Parents/caregivers
Family Court Support	<ul style="list-style-type: none"> • Facilitating the understanding of Family Court system by debriefing outcomes of court appearances • Support with external legal resources (legal clinics) • Support with legal aid applications and appeals • Aiding in documenting the history of abuse • <u>Accompanying and supporting clients during court proceedings, where appropriate</u> 	<ul style="list-style-type: none"> • Open to survivors of IPV
YWHO	<ul style="list-style-type: none"> • Low-barrier access to walk-in counselling sessions for youth ages 12-15 years old focused on mental health and substance use 	<ul style="list-style-type: none"> • Open to Youth ages 12 - 25

External Resources

External Supports: Program Name	Contact Number/Email	Languages
Addiction		
PCHS Services of Mental Health, addictions and Geriatrics	Intake Number: 905-677-0889 intake.specialist@pchs4u.com	English, Hindi, Punjabi, Urdu (As available)
PAARC	Clinical Intake Worker - 905-629-1007 ext. 2222 admin@paarc.com	English (Other languages as available)
CMHA	(905) 451-2123 https://cmhapeeldufferin.ca/	
Addictions and mental health Brampton Multicultural Centre	905-790-8482 ext. 210 Youth Mental health T: 905-790-8482 ext.215	English, Hindi, Punjabi, Urdu and Spanish (As available)
CAMH – The Centre for Addiction and Mental Health	416 535-8501	
one-Link: Addiction Mental Health Services Mississauga Halton	(905) 338-4123 one-Link@haltonhealthcare.com	

Anger Management		
Polycultural Immigrant services	(905) 403-8860 – Mississauga Location info@polycultural.org	
SACHSS- South Asian Canadians Health and Social Services	(647) 718-0786 – Mississauga Location 647 523 6380 – Brampton Location Info@sachss.org	
Salvation Army Centre	(905) 279-3941 – Mississauga Location	
CFSPD	(905) 450-1608 ext. 112	
Community Health Clinics		
East Mississauga Community Health Centre	905 602 4082	
Bramalea community health clinic	905-451-6959 – Brampton Site www.wellfort.ca WellFort Community Health Services (Bramalea Community Health Centre) 40 Finchgate Blvd., Suite 224 Brampton, ON L6T 3J1	
Four corners Community Health Clinic	905 677 9599 – Malton Site	
Counselling		
CFSPD- all counselling	905-450-1608 ext.112 intake line	Hindi, Punjabi and Urdu, Greek, French, Arabic, Mandarin (As Available)
Family Services of Peel	905) 453-(5775) fsp@fspeel.org	Malalyam, Bengali, Hindi, Urdu, Tamil, Telugu, Oriya and Malayalam (as available)
MIAG- all types of counselling	437-220-6659	English and Interpreters via FSP
Heart House Hospice-grief	(905) 712-8119	English and Punjabi
Good2Talk.ca Local and Nationwide Crisis Services for Youth and Young Adults, Age 16+	1 866 925 5454 or Virtual	
Child and Youth Mental Health Advocacy Groups Parents for Children's Mental Health	https://www.childrenandyouthgriefnetwork.com/	
Rexdale Women Centre- Parenting, healing, couple counselling, Individual Counselling	416 745 0062 https://www.rexdalechc.com/ Info@rexdalewomen.org	English and Tamil
Family Education Centre (for resource materials)	https://familyedcentre.org/	18 languages, including English, Hindi, Urdu, Punjabi
EarlyON Child & Family Centre - BridgeWay Family Centre	https://bridgewaycentre.ca/	

Centre of Healing Minds	(647) 779-9644 https://www.cohm.ca/	
Online Counselling Finder	https://www.ontariocounsellingfinder.ca/?mc_cid=aebbecb8dc&mc_eid=5e5eb7f646	
B&C Health Kids	https://bnchealth.ca/	
Sikh Family Helpline	http://www.sikhfamilyhelpline.com/	
Newcomer Centre of Peel	(905) 306 0577 info@ncpeel.ca	
Associated Youth services of Peel	905-890-5222	
ISNA	https://www.isnacanada.com/contact-us/ 905 403 8406	
Vasantham Tamil Wellness Centre	(416)-847-4172 info@vasantham.ca	
Serene Heart Counselling and Psychotherapy	(905) 299-8898	Hindi, Punjabi, Urdu, Tamil, Malayalam, Gujarati
Children's Counselling		
Tangerine Walk-In Counselling	905-795-3530	
Crisis Lines: 24.7 Crisis Support. All ages. In Peel.	905-278-9036 or 1-888-811-2222	
Kerry's Place, autism services	416-537-2000. info@kerrysplace.org	
ErinoakKids Centre of Treatment and Development	905 855 2690 https://www.erinoakkids.ca/	
Every mind	(905) 795-3500 info@everymind.ca	English; French - some French speaking staff; Interpretive Services
Where to Start.ca	905-451-4655 Wheretostart.ca	
Non crisis line	905-451-2123 or 1-877-451-2123	
Peel Crisis Capacity Network	905 273 4900 Pccn.ca	
SkylarkYouth	416-482-0081 https://www.skylarkyouth.org/	
Rainbow Salad -LGBTQ2S+	https://www.rainbowsalad.ca/service-providers-directory/	
Support Groups		
Reconnect- For caregivers – FAME	416-248-2050 ext. 8038	
Parents and caregivers of Trans and LGBTQ2S+	https://pflagcanada.ca/ https://pflagpeelregion.ca/	
Dad's Central	https://dadcentral.ca/	
Vita Centre (Growing as Parents)	(905) 502-7933 https://vitacentre.org/	

Grief Counselling		
Guruvayur Free Community Services	905-799-0900	Hindi, Malayalam, Tamil and English
Massi and post pregnancy programs		
Birthright of Brampton (Birthright is available in many locations)- Pregnancy Support Service	905-874-0607, Birthright Helpline number - 1-800-550-4900	
Postpartum Mood Disorder Program	http://www.pmdinpeel.ca/resources/community-resources/	
Vita Centre	905-502-7933	
Shelters		
Central intake for Region of Peel	905 450 1996	
Central intake for York Region, living in York Region	1 877 464 9675	